



July 2006

REC ROOM WEBSITE CALENDAR

Tons of Things To Do This Summer!

Looking for something to do? Go to Milwaukee County's recreation calendar to see great activities being offered by area agencies.



<http://www.county.milwaukee.gov/recreationcalendar>

COUNTY JOINS DRUG PROGRAM!

Please use the link below to access an article from the Journal Sentinel regarding the County joining a drug program for reduced costs of prescription drugs. This article ran June 3, 2006.



<http://www.jsonline.com/story/index.aspx?id=431187>

HLAA GROUP TO BEGIN MEETING AT CDHH

The Center for the Deaf and Hard of Hearing is committed to empowering the deaf and hard of hearing community by teaming up with organizations that also strive to make a difference in the lives of others through advocacy and awareness of issues related to hearing loss and new advances in technology. Our most recent collaboration is with the Hearing Loss Association of America (formerly Self Help for Hard of Hearing, or SHHH), Milwaukee/Racine Chapter.

Recognizing a need to reinvigorate the work of this organization in the Milwaukee area, CDHH is working with HLAA chapter leaders to promote this membership organization within the community, and will begin hosting monthly meetings beginning July 10. HLAA is a nationwide, consumer-based membership organization that advocates equal access and political empowerment for the 31 million Americans with hearing loss. HLAA promotes self-advocacy for its constituents to ensure equal opportunity in the areas of telecommunications, employment, health care, education and community life.

A kick-off meeting for the Milwaukee/Racine HLAA Chapter will be held at the Center on Monday, July 10, from 6:00 to 8:00 PM. This is a great opportunity to learn more about HLAA and find out whether or not membership is right for you. Beginning in August, chapter meetings will be held on the first Monday of every month at the Center. If you would like more information about HLAA or would like to join this chapter, please contact the Center at 414-604-2200 or e-mail Caroline Ludka at carolinesumm@yahoo.com or Jean Szabo at szaboshhh@yahoo.com.

COMPUTER CLASS FOR INDIVIDUALS WITH DISABILITIES

The United Methodist Church of Whitefish Bay, 819 E. Silver Spring Drive will offer computer classes for people with disabilities over 18 years of age or their caregivers. Classes are offered at the church computer lab and are taught by volunteer instructors. While the church and computer lab are accessible, at this time, the computer lab can only offer the "Big Keys" assistive device or roller ball mouse. Students otherwise must be able to use a keyboard or mouse and read a computer screen. The classes are intended to provide educational development, social stimulation and personal growth experience and will move at a pace comfortable for the students. Starting Thursday, July 13th, 2006 and ending August 17th, 2006 Introduction to Computers class will meet at 6:00 and Intermediate Computer Open Lab will meet at 7:00 once a week each Thursday for six weeks for a term fee of \$30.00. Accommodation of people will depend on the space in class and availability of volunteer staff so apply early for special needs classes. For more information, please call the church at 964-2424 and ask for the people with disabilities computer class coordinator when calling or you may write to the UMC, 819 E. Silver Spring Drive, Whitefish Bay, WI 53217 or e-mail New Horizons Un-Limited at horizons@new-horizons.org.



MILWAUKEE COUNTY OFFICE FOR PERSONS WITH DISABILITIES

Telephone: 414-278-3932 (VOICE); 414-278-3937 (TDD); 414-278-3939 (FAX)

COURTHOUSE, 901 N. 9TH STREET, ROOM 307-B • MILWAUKEE, WI 53233

technikowski@milwcnty.com www.milwaukee.gov





Handi-NEWS & NOTES



July 2006

HAPPENINGS IN THE PARKS!

Boerner Botanical Gardens



Saturday, July 8 & 11

Growing Gardeners (Ages 3-5): A Fairies Tea Party
10:30 am or 1:00 pm

\$15 / \$10 Members

Capture the magic of the gardens at this fun party. Dress like a fairy, sip tea (fruit juice) and enjoy stories about fairies. Do you think there are fairies hiding at the Gardens? Come to find out!

Dates and topics may change. For more information, to confirm or pre-register, please call 414-525-5675.

CDHH CREATES "PRIME CONNECTIONS"

While many don't realize it, hearing loss can often have a serious impact on an individual's emotional health and well-being. Older adults with hearing loss are less likely to engage in social activities because communicating effectively is difficult or they feel self-conscious or anxious about their hearing loss. With time, this can lead to isolation and depression.

This is why providing opportunities for individuals who are d/Deaf or hard of hearing to meet, socialize with and support each other through shared experiences is a key part of the Center's mission. With this in mind, CDHH is launching a new social group, "Prime Connections" that will meet every other Thursday at CDHH. It's open to all active adults, especially those with hearing loss, who want to socialize and take part in activities in a communication-friendly environment. Play cards, games, work on puzzles or scrapbooks, chat and have fun with other active adults who understand the challenges of hearing loss, but who also realize that it doesn't have to get in the way of living life to its fullest.

Prime Connections will be gathering every other week beginning Thursday, July 13, from 1:00 to 4:00 PM at the Center. Membership is free, and coffee, cookies and friendship will be served. We hope to see you there! For

more information or to RSVP, call 414-604-2200 or e-mail kcarlson@cdhh.org.

We are also accepting donations to get Prime Connections off to a great start. Folding card tables, games, decks of cards, yarn, and other supplies for activities are welcome. To find out how you can help, contact Aimee at akelchen@cdhh.org.

SOCIAL SECURITY UPDATES

By Karyl Richson

Social Security Public Affairs Specialist in Milwaukee

SOME MEDICARE BENEFICIARIES CAN STILL ENROLL IN NEW PRESCRIPTION DRUG PROGRAM WITHOUT PENALTY

If you qualify for extra help with Medicare prescription drug costs, you can still sign up for a Medicare Prescription Drug plan and pay no penalty for 2006. The special enrollment period for beneficiaries who are also eligible for extra help runs through December 31 of this year. Medicare beneficiaries are eligible for the extra help if they have limited income and resources. The extra help can pay for part of the monthly premiums, annual deductibles and prescription co-payments under the new prescription drug program, and it could be worth an average of \$3,700 per year.

You may qualify for the extra help if your annual income is below \$14,700 for an individual (\$19,800 for a married couple living together), and you have resources totaling no more than \$10,000 (\$20,000 for a married couple living together). Resources include such things as bank accounts, stocks and bonds, but do not include your house and car. And resources can be slightly higher (an additional \$1,500 per person) if you will use some of your money for burial expenses.

If you think that you might qualify for the extra help, you can complete an online application at www.socialsecurity.gov or call 1-800-772-1213 (TTY 1-800-325-0778) and a representative will assist you in filing an application over the phone. For more information about the prescription drug program itself, you can go to www.medicare.gov.

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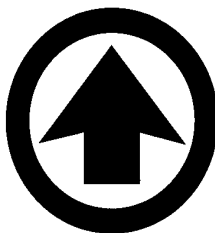


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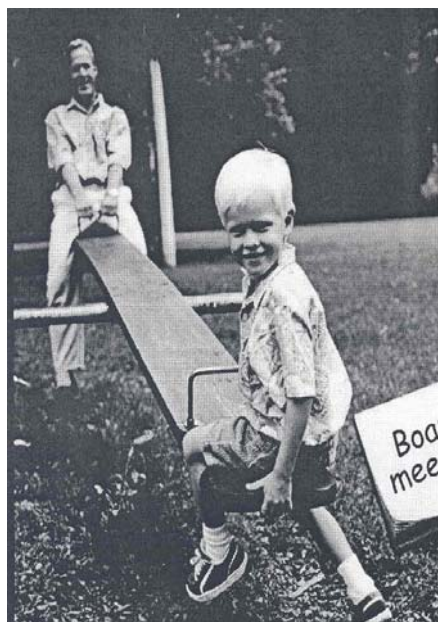


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- In an occupation earmarked for outsourcing?
- Someone who wants to own your own business but doesn't know where to begin?
- Willing to learn about your self employment and business ownership options?

Contact us for a no obligation, no cost consultation.



Milwaukee Office
Sharon Fliess
414-967-1340
TheESource.com/SFliess



Waukesha Office
Kris Maegli
262-784-7570
TheESource.com/KMaegli

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get yourself a HOT TICKET in 2006

SUN	MON	TUE	WED	THU	FRI	SAT
J U L Y						1 MIN(I) 6:10
2 MIN(I) 1:10	3 CIN 1:05	4 CIN 1:05	5 CIN 7:05	6 CHC 7:05	7 CHC 7:05	8 CHC 6:05
9 CHC 1:05	10	11 ALL-STAR GAME PIT	12	13	14 ARI 8:40	15 ARI 8:40
16 ARI 3:40	17 SF 9:15	18 SF 9:15	19 SF 2:35	20	21 CIN 6:10	22 CIN 5:10
23 CIN 12:15	24 PIT 7:05	25 PIT 7:05	26 PIT 1:05	27	28 CIN 7:05	29 CIN 6:05
30 CIN 1:05	31 COL 8:05					

July Promotions

- 4 - Tuesday** Klement's/Pick 'n Save Hot Dog Bobble Head
All fans in attendance receive a Brewers Hot Dog Racing Sausage bobble head.
- 8 - Saturday** Valvoline Instant Oil Change Special Coupon
The first 20,000 fans 18 and older will receive a special coupon offer.
- 28-30 - Friday thru Sunday** Northwestern Mutual Brewers Drive For Charity
Please drop off any school supplies at Miller Park from gate opening to 2nd inning during the Brewers Drive For Charity.
- 29 - Saturday** 5K Run/Walk World Famous Sausage Race
The seventh annual Sausage Race will take place at 9:00 a.m. by the Klement's Sausage Haus parking lot at Miller Park.
- 29 - Saturday** Culver's Adult Brewers Cap
The first 15,000 fans 17 and older will receive an adjustable Brewers cap.
- 30 - Sunday** Wisconsin Milk Marketing Board Dairy Day/Brewers Nesting Doll
All fans in attendance will receive a collectible four-doll nesting doll set featuring Brewers infielders: Bill Hall, J.J. Hardy, Rickie Weeks, and Prince Fielder.



To order tickets, or for more information,
contact the Ticket Office at the
Milwaukee Brewers at (414) 902-4000 or
www.milwaukeebrewers.com



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Waukesha Easy Maintenance Home For Sale

Lannon stone ranch located in the Town of Waukesha. Close to public transportation & the Waukesha Training Center. Extra-wide hallway and bathroom for w/c accessibility & entrance to home can easily support a short, low-sloped wheelchair ramp. 3 bedroom, 1 large bath. Huge living room and nice sized kitchen. 2 car garage. Fenced back yard with campfire pit. Hardwood floors throughout, except kitchen has laminate flooring. Upper level washer & dryer. Well & septic. 2005 taxes were \$2419.

Call Joanne @ 262-547-5517, days or 262-524-8017, evenings

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VAN FOR SALE 1998 Dodge Dakota Pickup, V8, Auto w/ hand controls. Color black. Auto start & alarm. Bucket seats, new tires, exhaust, brakes and more! 137,600 Miles. Asking \$5,500. Call 262-681-1793	VAN FOR SALE 1993 Dodge Caravan, new tires, chair/scooter lift, hand controls. \$1,250. Call @ 262-797-9624	POWER WHEELCHAIR FOR SALE Pronto M6 model power wheelchair with variable speed & reverse. Built in battery charger. Color; dark blue. Was \$4,500 new. Must sell; \$600 or best offer. Will Deliver. Call Gordie @ 414-550-1500	WHEELCHAIR ELEVATOR FOR SALE Gently used vertical w/c elevator. Excellent condition. Runs on household current, max weight limit 550lbs. lifts up to approx. 6 ft. paid over \$5,000 in 1999 asking \$1,900 or best offer. Contact (262) 514-4641
POWER WHEELCHAIR Ranger X. Excellent condition, adjustable armrests & footplates, air comfort rubber seat cushion & cover, joystick control box, rechargeable battery pack & more. Was \$7,500.00 Asking \$500 or best offer. Call David B. at 414-384-2000, x46753 before 3pm weekdays.	SCOOTER FOR SALE Needs repair. Call Chris @ 414-273-1579	VAN SEAT FOR SALE 6 way power seat for a van. Came out of a Dodge Grand Caravan. \$300 OBO. Call Dale @ 715-267-6989 or dale@sunsetpinesresort.com	AIR BED FOR SALE Power Pro Elite with Low Air Loss 9500 full size alternating air bed. Like new - \$800. Call Dale @ 715-267-6989 or dale@sunsetpinesresort.com

ACCESSIBILITY

HOME MEDICAL & REHAB EQUIPMENT

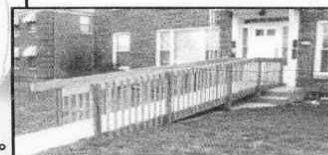
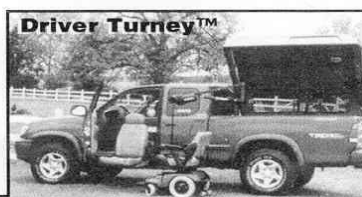
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414 906-0000
6260 N. Port Washington Rd.

CUDAHY

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1995 E. Norse Ave.

Call For Saturday Hours

1 800 454-3828

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Milwaukee County Childcare-Special Needs

2006 July/August/September Class Schedule

Classes are held at Marcia P. Coggs Human Service Center: 1220 W. Vliet Street, in Room 104. The \$10.00 registration fee for each class is non-refundable and non-transferable unless class cancels. No other exceptions granted. Accepted forms of payment: money order or certified bank check made out to DHHS. We do NOT accept personal or company checks. Business Office will accept cash if you pay in person. If you have questions, contact 414-289-6060.

DATE	CLASS	DESCRIPTION
July 8 9:30 am-11:30 am	Assistive Technology for Children with Special Needs Prabha Hariharan of UW - Milwaukee	Assistive technology (AT) is devices and services that can be used by individuals with disabilities to aid their ability to function successfully in their environment. We will learn about AT for infants and toddlers, importance of AT in early childhood, ways to evaluate if a child needs AT, the types of AT available and how they can be obtained.
July 12 5:45 pm-7:45 pm	Child Abuse and Neglect Jesse Johnson - Easter Seals Kindcare	What are the signs for child abuse and neglect? Learn how to help protect the children in your care.
July 19 5:45 pm-7:45 pm	Brain Development in Early Childhood Terri Enters-Lutheran Social Services, Birth to Three	Understand the development and growth of the brain and how this can impact how you care for young children.
August 2 5:45 pm-7:45 pm	Understanding the Effects of Lead Poison Reghan Walsh of WI Childhood Lead Poisoning Prevention Program	Learn how the effects of Lead Poisoning impact young children's health and development. Learn what areas of the home are most likely to have higher concentrations of lead and how you can protect the children in your care.
August 9 5:45 pm-7:45 pm	Challenging Behavior Dr. Maureen Keyes of UW- Milwaukee	What are the techniques that can help you to care for children with challenging behaviors? Learn how to pick your battles.
August 19 9:30 am-11:30 am	Social Emotional Development of Young Children Carol Noddings Eichinger of UWM	Learn about early emotional development and brain development as it relates to violence and hyper-vigilance in children raised in chaotic environments.
September 13 5:45 pm - 7:45 pm	Understanding Autism and other Spectrum Disorders Jennifer Piette- Autism Consultant	Learn more about Autism and the various spectrum disorders. Learn best practices in caring for a child with this disorder and strategies for positive communication.
September 20 5:45 pm - 7:45 pm	Understanding ADHD and Strategies for Supporting Children Maureen Keyes of UW-Milwaukee	Learn about ADHD and how different techniques can improve your ability to care for young children coping with this disorder.
September 30 9:30 am - 11:30 am	Sensory Integration Terri Enters of Lutheran Social Services- Birth to Three	How sensory integration such as touch, sound, and movement can lead to behavior problems and difficulty with coordination.

CUT ON DOTTED LINE

****Mail \$10.00 registration fee for each class and form to: Coggs Center Business Office: 1220 W. Vliet Street, Milwaukee WI 53205.**

Your Name: _____ Day Phone: _____

Business Name: _____

Address to mail certificate to: _____ Zip: _____

Translators are provided with minimum of 3 days notice prior to class. If you need translation, what language? _____

Parent of a Child with a Special Need: **Yes** **No**

(Parents attend for free if they do not need credit or certificate. Fill out form and mail to Milwaukee County address listed above.)

Last 5 digits of Social Security # _____ **PROVIDER #** _____

(For Continuing Ed credit with The Registry)

(Not necessary for employees)

CLASS NAME:

DATE:

The Counseling Center of Milwaukee, Inc. (TCCM) can offer you an emotionally safe space to explore and share your feelings with our support, therapy, and discussion groups. We serve a wide diversity of clients and do not discriminate on the basis of gender, race, color, religion, age, sexual orientation, national origin, or disability status.

Repeatedly, our group members report that the simple realization that they are not alone leads to profound life changes, including improved self-esteem and a more positive attitude, a strengthening of personal relationships, and an enhanced sense of personal wellness.

All groups are held at The Counseling Center of Milwaukee, 2038 North Bartlett Avenue.

Generally, the groups meet one week-day evening for 8 to 12 weeks, unless otherwise specified. Groups are run by well-trained facilitators and/or professional therapists.

The fee for support groups is \$100 for an eight-week group. The fee for an on-going group is \$100 per eight sessions. For Sexual Abuse Therapy Groups, insurance will be billed if available, or for those individuals who are unable to pay the full therapy group rate, a sliding fee scale is available. The Parents of Sexually Abuse Children Support group is free of charge through a grant from the State of Wisconsin. Those who need a sliding fee scale must make arrangements with Cheryl Orgas.

Call us today at **271-2565** to register for our support, therapy, and discussion groups!

CONTACT CHERYL ORGAS, LCSW

(414) 271-2565

corgas@tccmilw.org

for all groups unless otherwise noted.



SUMMER GROUPS 2006

SELF-ESTEEM SUPPORT (for women) Share with other women the obstacles you experience in trying to live a happier, more self-confident life. This is an on-going group that meets on Wednesday evenings 6:00pm to 8:00pm.

SELF-ESTEEM SUPPORT FOR MEN Share with other men the obstacles you experience in trying to live a happier, more self-confident life. This group will begin in June, *Call Randy Neff (271-2565) to register.*

SEPARATION & DIVORCE SUPPORT (for men and women) Join us in dealing with the emotions and difficulties that come from a breakup. This group will begin in June.

WOMEN & MEN WITH PHYSICAL AND SENSORY DISABILITIES Please come to discuss mutual interests and issues while receiving support for some of the challenges we face. This group will be held beginning Thursday, June 15th through August 3rd, 5:30pm to 7:30pm.

LIVING SINGLE FOR MEN & WOMEN Join us in sharing the excitement, frustration, and fears of living a single lifestyle. This group will be in June.

ALL GROUPS SUBJECT TO CANCELLATION IF THERE ISN'T ENOUGH INTEREST.
Most groups will begin in June 2006 unless otherwise specified. Call for specific details. The begin date is based on member interest. Please call to get on the list.

SURVIVOR

FEMALE SURVIVORS This therapy group offers a safe space for women to address childhood trauma and abuse and/or sexual assaults in adulthood. This group is held on Wednesday evenings, June 14th through August 2nd, 6:00 to 7:30 p.m.

MALE SURVIVORS This therapy group will provide safe space for men to talk about their challenges around being survivors of childhood sexual abuse. This on-going group meets on Thursday evenings 6:30pm to 8:00pm. Call Randy Neff for more information.

PARENTS OF SURVIVORS (for parents of children who have been sexually abused) Co-sponsored by TCCM and The Parenting Network. Join us in dealing with the struggles you face. An ongoing group meeting on Tuesday nights at 6:30 to 8:30 p.m. Call before attending group the first time. Childcare is provided through our collaboration with The Parenting Network.

LGBQ - Lesbian, Gay, Bisexual, Questioning, and Related Issues

GAY MEN'S GENERAL ISSUES GROUP This group offers a safe place to focus on issues such as sexual identity, coming out, intimacy, HIV, relationships and self-esteem. This group will begin in June. *Call Randy Neff (271-2565) for more information.*

MORE SPACE (for lesbians) This group offers a safe space to focus on issues such as relationships, intimacy, and boundaries. This group will begin when there is enough interest..

MARRIED WOMEN'S GROUP A monthly group for women in long term relationships with men interested in better understanding their feelings for women and sexual orientation. Call Cheryl Orgas to find out when this group once a month group meets.

FREE SPACE (for women who are experlencing feelings for women and would like to explore their sexual orientation) This group will offer you an emotionally safe environment to address coming-out issues and unanswered questions you may have. This group will begin when there is enough interest.

SUPPORT FOR GAY MEN WHO HAVE PSYCHIATRIC DISABILITIES If you would like to find support from other gay men who have had similar experiences, this therapy group might be for you. *We will bill insurance for this Friday morning group. Call Bill Hanel (271-2565) to register.*

OPEN SPACE (Discussion group for lesbians of all ages) An open, drop-in group that meets the third Sunday of every month from 6:00 to 8:00 p.m. for discussion and support. The cost for participation is \$5.00. Topics include: life transitions, discrimination, and boundaries. Call for more information.

Groups Coming Soon

A group for women in their twenties focusing on life transitions, family ties and relationship issues.

A grief group for men and women dealing with loss in their life.

GAY MEN'S DISCUSSION An open, drop-in group that meets the second Sunday of every month from 6:00 to 8:00 p.m. for discussion and support. The cost for participation is \$5.00. *Call Randy Neff (271-2565) for more information and the monthly topic.*

TRAINING

PROFESSIONAL TRAINING A five week facilitator training for agencies/organizations will be held on Wednesday afternoons 3:30pm to 6:00 p.m., August 2 through August 30, 2006 or Thursday afternoons beginning October 3rd through October 31st, 4:00pm to 6:30pm. Call for more information and training fees.

PLEASE CALL CHERYL ORGAS, LCSW
(414) 271-2565
corgas@tccmilw.org

for all groups unless otherwise noted.

Q. What is a support group?
A. A support group is a safe place where people gather to share their feelings and concerns with one another.

Q. What is a therapy group?
A. A therapy group is a supportive atmosphere in which to work on personal goals and to make changes in a nurturing environment. An assessment interview is necessary for our therapy groups.

Q. What is a discussion group?
A. A discussion group is a supportive setting to talk about one's ideas, issues, and values.



Please join us for an **Expressive Arts WORKSHOP**

Tap the power of music, art, dance and movement to connect with your clients!
Sponsored by the Milwaukee Center For Independence






**8:30 a.m. to 1 p.m.
Friday, July 28, 2006
MCFI
Conference Center
2020 W. Wells St.
Milwaukee**

**\$55 per person, *including*
continental breakfast & snacks
FREE PARKING
in adjacent lot north of MCFI
enter on North 21st Street**

**Limited to 50 participants.
PLEASE REGISTER
NO LATER THAN JULY 21**

This workshop offers **practical ideas** for helping people of all ages with physical and developmental disabilities, chronic illnesses and behavioral health issues find their own unique voices. Learn to use the arts as a tool to assist your clients to communicate, connect with others and achieve their highest levels of independence.

Featuring:

-  Karen Stobbe, Healing Arts Director,
Milwaukee Public Theatre
-  John Hartman, MCFI Music Therapist
-  Accessible art ideas with Susan Endes,
MCFI Art Therapist
-  QiGong Chinese breathing exercises
demonstration with Kathy Levac, RN
-  Nia (dance with elements of jazz, yoga, tai chi
and tae kwon do) demonstration with Barb
Wesson and Julie Hoy

www.mcfi.net



REGISTRATION FORM FOR MCFI EXPRESSIVE ARTS WORKSHOP

Name: _____ **Organization:** _____

Address: _____ **City, State, Zip:** _____

Phone: _____ **Fax:** _____ **Email:** _____

Method of payment: Number of attendees X \$55= (Total enclosed) _____

Check enclosed _____ Charge to Mastercard _____ VISA _____ Discover Card _____

Credit Card Number and Expiration Date: _____

Name as it appears on credit card: _____ Organization name if it appears on credit card: _____

Street Address: _____ City, State, Zip: _____

Return with checks payable to MCFI, Attn: Amy Lanphear, 2020 W. Wells St., Milwaukee, WI 53233 or fax to (414) 937-2039 or contact us via email at alanphear@mcfi.net.

Upon reasonable notice, efforts will be made to accommodate the needs of persons with disabilities through sign language interpreters or auxiliary aids. For additional information or to request this service, contact Amy Lanphear at (414) 937-2043.

Building Cultural Competence: effectively serving immigrant communities

This workshop is designed to help nonprofits enhance their capacity to effectively serve and respond to the needs of growing and diverse immigrant populations.

**9 am to Noon
Friday, August 11**



Do cultural differences affect your ability to assist your clients? What do you need to know about working with immigrant families in your community?

**Featuring experts in:
Latino
Russian
African
Native American
Hmong
and Islamic cultures**

**MCFI
Conference Center
2020 West Wells Street
Milwaukee**

**\$35 per person
including continental breakfast**

**FREE PARKING
in adjacent lot north of MCFI
enter on North 21st Street**



Upon reasonable notice, efforts will be made to accommodate the needs of persons with disabilities through sign language interpreters or auxiliary aids. For additional information or to request this service, contact Amy Lanphear at (414) 937-2043.



Name: _____

Organization: _____

Address: _____

City, State, Zip: _____

Phone: _____ Fax: _____

Email: _____

Method of payment: Check enclosed ☐ Pay at door ☐ Charge to Mastercard/Visa ☐

Credit Card Number and Expiration Date: _____

Name as it appears on credit card: _____ Organization name if it appears on credit card: _____

Street Address: _____ City, State, Zip: _____

**Return with checks payable to Nonprofit Center of Milwaukee, 2819 W. Highland Blvd, Milwaukee, WI 53208
Information: 414-344-3933 or info@nonprofitcentermilwaukee.org Fax: 414-344-7071**

Cultural workshop